**Table 3: Cognitions that inhibit the reporting of teammates**

Examples of cognitions that inhibit reporting of teammates with suspected concussion and cognitions that facilitate reporting (i.e., replacement thoughts) obtained from CHC student athletes participating in module 2

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| **Thought that prevents reporting of teammates with suspected concussion** | **Replacement Thought** |
| If they aren’t reporting, it themselves then it’s not that bad. | They may be in trouble and need help. |
| My teammate may not want me to report his problem. | I need to look out for my friend’s well-being. |
| My team will be mad at me. | If I report my teammate’s concussion, they will have an easier recovery. |
| I do not truly know how my teammate feels.  My teammate does not want to sit out. | It is smart to just play it safe.  If he doesn’t sit out and [gets] hit again, he could potentially die. |
| He is the star player; I can’t report him. | I should report the star player so he doesn’t risk serious injury. |
| I do not want them to leave the field because they are an important part of our team winning. | We need our teammate for more important games so they need to be healthy ASAP. |
| I might lose my teammate as a friend.  I might end my teammate’s career. | My friend will, down the road, thank me for protecting him.  I will be protecting my teammate.  Lacrosse is not the most important thing in life. |
| If I report a teammate’s concussion, he will get mad at me.  It’s not my problem if my teammate has a concussion. It’s his, so why get involved? | If I report a teammate’s concussion, he will thank me later.  I will help my teammate by taking care of him even if that means reporting a concussion |
| If I report their concussion, it might ruin our chances of winning. | If I report it, then that teammate will not run into risk of further damaging their brain or further injury. |
| I would feel like a snitch to call my teammate out for a concussion. | I would show my teammates that I cared about their mental health. |
| My friend wants to keep playing and he will be mad.  Other teammates won’t like me. | I am protecting him and he will be better when he comes back.  I am helping a teammate out and the team should see that. |
| We need him on the field to win. | A concussion won’t let him be at his full strength and if further injury occurs, then we may lose him forever. |
| It’s not up to me to judge someone’s health. | I know the signs and should report it. |
| I will get made fun of.  My teammates will be mad. | Everyone’s health is important.  It doesn’t matter; it could get worse. |
| My teammate will be mad at me. | It is protecting their health and looking out for the team’s performance. |
| I don’t want to not have them on the field.  I don’t want them to be mad at me | I want them to get healthy and be ok the rest of their lives.  I hope they will understand and realize I’m looking out for their best interest. |
| My teammate won’t be able to help our team succeed. | It’s for her own good and she won’t help much with a brain injury anyway. |
| It’s not my responsibility to report a teammate’s concussion if their parents know. | If a teammate has a concussion, it is my responsibility to report it as a good teammate. |