**Table 1: Overview of 5 Step Approach**

Overview of the 5 Step Approach to Implementing the Peer Concussion Education Program

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| **Activity** | **Materials** | **Personnel** | **Suggested Time Frame** |
| **Step 1:** Forming the interdisciplinary Team | See Step 1 of the online manual. | Athletic trainer, head coach\*, and the Director of Athletics or her/his administrative designate (Note: minimum personnel) | Shortly following decision to implement the program |
| **Step 2:** Selecting the Peer Concussion Educators | See Step 2 of the online manual. | Athletic trainer, head coach\*, and the Director of Athletics or her/his administrative designate | Shortly following decision to implement the programPreferably pre or off-season |
| **Step 3:** Training the Peer Concussion Educators | See Step 3 of the online manual.Education Module 1: Reinforcing and Enhancing Concussion KnowledgeEducation Module 2: Enhancing Concussion Reporting power point and Activity Sheets 1 & 2Tables 2 & 3: Examples of cognitions that inhibit reporting and those that facilitate reporting | Athletic trainerClinicalNeuropsychologist\*\*Clinical or\*\* Counseling PsychologistPhysician\*\*Nurse\*\* | Preferably pre or off-season |
| **Step 4:** The Peer Concussion Educators Present Education Modules 1 and 2 to their teammates.  | See Step 4 of the online manual.Education Module 1: Reinforcing and Enhancing Concussion KnowledgeEducation Module 2: Enhancing Concussion Reporting power point along with Activity Sheets 1 & 2  | Athletic trainerClinical Neuropsychologist\*\*Clinical or\*\* Counseling PsychologistPhysician\*\*Nurse\*\***Note:** One or more of the above professionals needs to be present for the Peer Concussion Educators presentation of Module 1 to their teammates.**Note:** Peer Concussion Educators and their teammates are ***ONLY*** present for presentation of Education Module 2 | One to two weeks following completion of Step 3  |
| **Step 5:** Debrief and program assessment (optional) | See Step 5 of the online manual and Table 4 | Professional with expertise in program evaluation | See Assessment Timeline in Step 5 of the 5 Step Approach to Implementing the Peer Concussion Education Program section |

\*May be delegated to assistant coach as appropriate.

\*\* Involve one or more of these professionals if available.