CHRISTOPHER DUNN ‘13

On Aug. 9, 2012, Chestnut Hill College lost someone very special. Regina Mata Brimmer, SSJ, at the age of 93, lived a long life of love, acceptance and humility. Sister Regina spent a remarkable 43 years working in Library of Chestnut Hill College. She held the esteemed title of director of the library, and forged new boundaries by beginning the children’s library, the Brimmer Collection, located on the third floor. Anyone that came into contact with her knew what she was all about.

Some statements taken by various librarians recalling Sister Regina began with “admiration and sincere friendship” a “keen sense of humor,” and “a rock of common sense. never sweating the small stuff.” These traits were coupled with an outstanding love of God and neighbor. Sister Regina could be seen engaging anyone in conversation, and she was known for being a wonderful listener. Her soft nature was only a part of all the qualities she possessed as an expert in the Brimmer children’s collection. It is known by all of the librarians, but Sister Regina had read every single book, and was able to act as a human catalogue for those in need. Back in 2005, when the Brimmer Collection replaced the Curriculum Library, an article was published hailing Sister Regina: “The magical part of this change was not the policy change itself, but the person who manages this collection.” The change from the Curriculum Library to the Brimmer Collection came as a surprise to Sister Regina, who received this special gift on the 65th anniversary of her class. It is interesting to note that she was one of six siblings, all of whom are female. After her passing, there was much worry about the continuation of the Brimmer name. Now, her family name is incorporated into the fabric of our college, helping it to live forever.

Sister Regina belongs to a very heartfelt group of women. It was at her funeral that I was given a special insight. I witnessed the love that transcended from Sisters convening together. My feeling of loss at the funeral turned into fulfillment. I knew that I was in the presence of such pure-hearted people and that was the final event that I needed to start my journey to become a Catholic. I am looking forward to being confirmed in a year. Thank you, Sister Regina, for being a close friend, for showing me how to live through Christ, and for simply being who you were.

The last day I saw her was right after I returned from Europe. She gave me a big kiss on the cheek, saying how much she missed me. Sister Regina, I will miss you just the same.

CATITLIN KAIN ‘13

The Class of 2016 was welcomed this year with a star-studded Orientation. The theme, “Now Showing: Orientation 2012” immediately after arriving, students were split into ten teams: Ruby Slippers, Real Griffins of Orange County, The Golden Globes, Green Lanterns, The Caribbean Blues Brothers, Navy Sharks, Purple Paparazzi, The Silver Screens, Jaded Halks, and Pretty in Pink.

After move-in the new Griffins had Convocation and a pinning ceremony, a recent tradition for the College. At the ceremony, each student received a pin with the CHC emblem on it. They then gave that pin to someone special in their lives symbolizing the start of their time at here. Four years later, when the students graduate, they receive the pin back symbolizing the completion of their four years at the College. After the ceremony, students and families said their goodbyes and Orientation started with color-team meetings and a roll call.

Following the roll call, comedian Adam Ace hosted “The Showbiz Quiz,” a game show where contestants earned money by answering questions about pop culture. Team Ruby Slippers proved themselves pop culture savvy, taking first in the Showbiz Quiz show. Students then had floor meetings in their respective residence halls to meet their Residence Hall Staff and learn the rules and regulations of the building.

Open Campus then started with Maui Wowie smoothies and backyard games, a show of “Snow White and the Huntsman” on the Summer House lawn, open swim, video games, Karaoke in the McCaffrey Lounge, and finished with a midnight buffet.

The ropes course was different than past years; teams competed with one another throughout with a rotation every 20 minutes. New games included “Silent Opera,” “Giants, Wizards and Elves” and “Words with Friends.”

The evening portion kicked off with a red carpet dinner complete with sparkling cider, Hollywood “Walk of Fame” stars and Hollywood cupcakes and cake. Later Ray “gave it away” in the Rotunda, filling the room with singing, dancing, laughter and overall fun.

After a star-studded weekend, new students at CHC could be well-oriented and ready to begin their college careers.

Now Showing: Orientation 2012

Above: After a long weekend of welcoming the first-years, Chestnut Hill Orientation Leaders from the class of 2014 pose for a picture.

Right: Lance Halaby ‘16 shows off his winning prize at Ray Gives it Away. The event is a mainstay of the Chestnut Hill College orientation.

Caitlin Kain ‘13 (bottom)

Images: Corey Nixon ‘14 (top); Caitlin Kain ‘13 (bottom)
**Cafeteria Updates**

**WESTLY MANDOSKE ’13**

As returning students may have noticed, there have been some changes in the cafeteria over this summer.

The most visible changes are the addition of a Silk soy-milk machine and a change to a Dole juice dispenser. Also planned is a dual Gatorade dispenser.

“It will be chilled and be on the board plan and will be next to the Pepsi system,” said Pat Flanagan, director of dining services. “Any student who has a craving for a G2 will certainly be able to sit down to lunch and drink it. That was based upon survey feedback I received last spring.”

Not truly new but a focal point of student activity, the Social Café in the McCaffery Lounge has seen an uptick in customers. “It is a great area. New students are readily utilizing the lounge and they’re utilizing the Social Café,” Flanagan said. This information shows with the increased sales. The bars in the Social Café and the Griffin’s Den have remained the same since last year.

Some of the biggest changes made are largely behind the scenes at Dining Services. “In the kitchen we were granted an opportunity for the College to invest in a brand new walk-in cooler and a walk-in freezer, which has really given the kitchen a shot in the arm,” Flanagan said.

Flanagan continued, stating “The facilities that we were trying to store a lot of our cold and frozen product in were essentially inadequate. But the College responded to that and was able to help us.”

Although Dining Services faced difficulties this summer, it seems as though Flanagan and the staff tried to make it work. “We actually had a refrigerated trailer here during the summer. We off-loaded our refrigerated product while installation was taking place,” Flanagan said.

Also new to Dining Services is the Webtron format, a change made through Chartwells Dining Service and Compass Group [parent company of Chartwells]. Flanagan feels that this new system “capsules” all the nutritional information and extraction for servings of every meal that are here in the dining hall.” Flanagan also indicated that there will be some changes made to the cycle menu because of this system.

As for any planned or upcoming changes, Flanagan stated: “There is nothing in the works for the remainder of the semester to make any physical changes, at least in the cafeteria.” Flanagan adds, “If in fact any student, faculty or staff member or any type of issues, questions or concerns to come and see me or a member of our management team.”

“Derek Brown, our executive chef said he’s been here for a year now, is very open to those suggestions and wants to add mom and pop cooking,” Flanagan said.

To commuter students and cash-paying patrons, Flanagan urges them to, “Utilize the DineOnCampus website. Look into the DineOnCampus meal plans such as the Freedom 25 and the points system. You will get bonus points versus just paying cash and it is in your favor!” Flanagan said. “Commuters are welcome here in the cafeteria as well as downstairs.”

**STUDY ABROAD: FROM LONDON TO MOROCCO**

**OLIVIA MARCINKA ’13**

“Hey Liv, Spring break, wanna go to Africa?” asked Matt.

“Sure,” I answered without a second deliberation.

It wasn’t until our plane cleared past the final tip of Spain, moving hurriedly over the Strait of Gibraltar and in range of the Atlas mountains, that I felt regret for entering into such a hasty agreement.

Matt is a nervous flyer, and even though it was late into the evening, he couldn’t stop talking and tapping. I looked down over the vast black that stretched its arms up and around our aircraft. It was so dark. The only lights I could see were in the nooks of the windows, flickering like fire. This didn’t happen again for miles. I, being the object of rationality, wanted to politely unbuckle my seatbelt and run back and forth through the cabin screaming, “Africa is on fire! Africa is on fire! Turn around! Take me back to London!”

But, Matt is a nervous flyer. Instead I hoped for both the flight and the cartoon strip on my flight safety card to never end.

As we prepared for our landing in Fes, Morocco, the plane’s tires bounced playfully on and off of the one-plane tar mac. I stepped off of the plane and onto the track heaving in a chest full of African air. Out of both fear and excitement I exhaled saying, “mmmmm-Morocco.”

Inside of the one-room airport, we stood in five lines separated by low metal bars. Although the adults adhered to the parallel barriers, the children dangled over, above, and through—screaming and laughing. What we were all waiting for was acceptance into the country. As Matt and I neared the small rectangular box that held the heavy man from border patrol, we could hear what sounded like confrontation between most of our companions and the boxy officers. We assumed that those who were arguing with the law were not meant to be there in Fes. After passing through the country’s border, all that was left to do was to declare nothing to the Moroccan officer and to find our cab-driver. We waited respectfully for the man that I was with, Matt, to shake hands with the driver, and then I politely intro-duced myself. Finally, we were on our way.

Arriving on the outskirts of the Medina [marketplace or city] we located our hotel called the Riad Domia. The owner of the Riad [a building having a roof-top/courtyard garden] was there to greet us. He welcomed us through a very small wooden door that opened up to an incredible room of palatial size and décor. We sat down in the center of the room and marveled at the illusion.

“You look tired,” he said, explaining waving his hand in the direction of the silver plated tea tray he had left on the table in front of us.

After shuffling around the massive room for a few minutes, the owner came over and sat down on the couch beside ours.

“Don’t worry,” he said placing his hands on his knees. “Now, you are home.”

I looked around the intricately adored room, at the surrounding mosaic that crept up the walls of the Riad like ivy. “I am?” I thought.
Intern Diaries

Many students at the college are involved in exciting internships. The Intern Diaries is where students are invited to share their experiences.

This issue’s diary entrant is Zac Grable ‘12.

Sometimes in life, things work themselves out. I believe in working hard and the benefits of really putting your nose to the grindstone. However, every now and again things seem to fall into place on their own. My internship is the perfect example of being in the right place at the right time, and knowing just the right people.

I had been working at Campus Ministry for a couple of years and Sister Mindy had mentioned to me a few times that her friend works in communications. I had said before that I would love to meet her if I ever had the opportunity. Time went by and I had completely forgotten the conversation. Then one day, I received a text from Sister Mindy asking if I could come into Campus Ministry. It was my day off and I was finishing up some work, but I knew I had the time.

As I walked into the office, sitting there was a friend of Sister Mindy’s. She introduced herself as Tracy. We chatted and she asked about my major and what I did for Sister Mindy in Campus Ministry. She then asked if I was interested in helping her build her website for an internship. I accepted on the spot. Later in the day it dawned on me, I was just hired as an intern for Tracy Davison, a consumer reporter at NBC.

I spent the next semester researching online, preparing for meetings, coming up with concepts and working side by side with another talented intern, as well as Tracy and her second-in-command, Tracy would send us other websites, telling us what she liked and asking how we could incorporate different ideas into our own work. We would try to solidify our concepts, bring them to meetings, and hash out exactly how we would engage in-command. Tracy would bring them to meetings, and hash out exactly how we would engage in our work. After preparing for the first half of the semester, we met with the tech group to discuss putting these ideas and outlines into practice. Many of our concepts seemed to pull through, while others needed to be tweaked and reworked. By the end of my internship, we were still working hard on getting everything straightened out with the hopes of seeing a finished site in the near future.

I learned so much from my experience working with Tracy Davison and the team. I learned about research in the work place. Being completely on your own when conceptualizing and looking for inspiration on a big project is a heavy burden, but when you really take the time to do it, and do it often, you can get very good, very fast. I have already put these skills to use in my freelance work and I have not even left CHC yet. I had to learn to set my own schedule and stick to it, otherwise I would never be ready for our meetings and idea sessions.

I feel like after my internship I am more ready for life after college than I have ever been. I learned important lessons, made contacts that could help me for the rest of my career and I learned how to handle myself in the field that I want to work in. Best of all, this came about because I marketed myself within the walls of Chestnut Hill College. If there is any advice I’d like you all to take away from this, it is to be friendly, make connections and meet people while you are still in school, because getting that head-start can be more of a help than you could possibly imagine.

Sells Cookies for Cancer

OLIVIA MARCINKA ’13

In honor of Ovarian Cancer Awareness Month, Associate Director of Financial Aid Kristina Wilhelm-Nelson and her daughter Stella, are planning to host a bake sale on Saturday, Oct. 6 from 10 a.m. to 2 p.m. at their home.

It all began when Lisa Loosn-Golden, a close friend and sister-in-law to Melissa Dunn, Associate Director of Financial Aid, was diagnosed in 2008 at the age of 20 with ovarian cancer. Before her diagnosis, Lisa had been experiencing symptoms of bloating, indigestion, frequent urination and abdominal pain. After immediate surgery, Lisa was told that she was cancer-free.

However, two years later in June of 2010, Lisa had a recurrence and was diagnosed again with the disease. This recurrence did not stop Lisa though; she moved on to promote awareness and support the battle to beat cancer. Even after her diagnosis in 2008, Lisa remained a student at Neumann and worked part-time.

“Even as she fought her own battle, her diagnosis ignited a fire in her to protect and fight for other women,” Melissa said. “She became a staunch advocate for ovarian cancer education, research and support.”

Lisa was a part of the family long before her battle. She had been dating Melissa’s younger brother, Mike since the beginning of high school. “Lisa was one of those people you cannot imagine the world without,” Melissa said. “She was so much fun and had so much energy. She was kind to everyone and always lit up a room. You were always smiling when you were with her; she was easy to love.” When Mike and Lisa married in April of 2012, they had already had their son Michael. Before then, it was likely that Lisa would lose her chance to conceive by the age of 25. Lisa passed away in May of 2012.

Countless efforts have been made to successfully drive home the importance of both representing and raising awareness for Lisa and so many other victims of cancer. Lisa’s Army, started by Lisa herself, is a group built through the Sandy Rollman Organization and their website to do just that.

But it wasn’t until 7-year old Stella Nelson said: “Mom, I want to make cookies and sell them, then we can give the money to Lisa,” that the College has had a chance to consciously participate in Lisa’s Army. Kristina has vowed to promote her daughter’s cookie creation and to donate one hundred percent of the proceeds to the organization.

A quote written by Melissa Dunn and taken from the Sandy Rollman Organization website states that “She [Lisa] wanted to generate awareness and raise money for research. She wanted to take care of other women going through this. We have vowed to continue her legacy.”

If you are interested in pre-ordering or making any baked goods for the fundraiser please email Kristina at willenkm@chc.edu. If you would like to stay informed about Lisa’s Army and upcoming events, you can “like” the Lisa’s Army Facebook page. To obtain basic information about ovarian cancer and Lisa’s Army you may follow this link, sandovarian.org/upcomingevents.html.

Middle States Process Continues

COURTNEY ANNIS ‘14

Many in the campus community are already aware that Chestnut Hill College is under-going a re-accreditation process through the Middle States Commission on Higher Education (MSCHE). Every college and university that is a member of MSCHE, an organization that defines and promotes educational effectiveness and excellence among institutions of higher learning, must undertake a review every 10 years.

Over the 2011-2012 school year, the Middle States Self-Study Steering Committee and Working Groups, comprised of administration, faculty and staff members, have worked together to gather evidence verifying that Chestnut Hill College meets the 14 Middle States standards and that the college engages in ongoing assessment and improvement.

Last year, the focus for the college was producing the drafts for the self-study. Now, the draft of this report is being reviewed; the final draft is in the works.

A near final draft will be sent to the college’s Middle States evaluation team chair, Sister Margaret Mary Fitzpatrick, by Oct. 15. On Oct. 29, Sister Margaret Mary Fitzpatrick will visit the campus to help the college prepare for the evaluation team visit, which will be occurring in February of 2013.

According to Barbara Hogan, Ph.D, associate professor and co-chair of the Middle States Steering Committee, members of the college community have access to the draft, which will be located in Logue Library beginning Sept. 7 and continuing through Oct. 2. The availability of the draft is to offer students, staff, faculty, administration, the Board of Directors, and any other members of the campus community to see what the college is learning through the self-study process.

For more information on the MSCHE review, there will be voluntary meetings open to any members of the campus community. Meeting times are Monday, Sept. 17 at St. Joseph’s Hall, 4th floor conference room from 8:30-9:30 a.m., 4-5 p.m., and 5-6 p.m. and Thursday, Sept. 20 in the Redmond Room from 8:30-9:30 a.m., 4-5 p.m., and 5-6 p.m. For more information about these sessions, email MiddleStates@chc.edu.
An Open Letter to Seasonal Fall Flavors

BÉLU LANE ’13

I spend so much of the year awaiting your arrival. Anytime I go into a Starbucks or Dunkin’ Donuts, I search eagerly for a sign with you on it hoping that maybe, just maybe, they realize how badly I miss you. When September rolls around, I try to visit you every chance I get. Grande pumpkin spice latte, you get me through a few hours of homework, warm my hands when it starts to get chilly, but most importantly, you help me transition into fall. You let me know that it’s okay to start wearing brown boots and warm-colored scarves.

Just when all the leaves have changed color and fallen to the ground, you leave me. I know you aren’t going to be around forever, and the time flies by so quickly with you. I think to myself, maybe I should have spent more time with you. I should have taken you on that walk through Fairmount when I had the chance. Maybe I should have bought your coffee grounds so I could keep you around longer.

But wait, just as you come and go with the fall, your relatives, the winter seasonal drinks will soon be around. Coffee shops will soon have sign up for peppermint mocha and gingerbread flavors. Those will help me transition, yet again, into another season. They won’t take your place, but they’ll temporarily fill the void.

Wearing Summer Clothing in Winter

AMANDA FINLAW ’15

Already regretting pushing your sundresses to the back of the closet in anticipation for colder weather? There is no need to shy away from “summer clothing” during the colder months. Abandoning favorite skin-revealing sundresses, tank-tops and shorts to the seldom-reached depths of your closet.

Conversely, clothing typically deemed appropriate for hot weather can easily be worn in colder conditions by adding layers or accessories.

A patterned sun dress, for example, can be adapted for winter with a simple black or gray cardigan. Dark sweaters tone down summery neon colors; this technique can also be used for tank-tops. Adding leggings or tights and boots can provide additional warmth. Also, a belt can be placed around the waist, either above or below the cardigan, for an added touch of style.

For another approach to transform a dress, place a warm sweater on top, with a wide belt around the waist. This modification portrays the dress as a skirt. During early fall, simple ballet flats would go great with this look. Shorts are a less apparent piece of clothing to incorporate into a winter wardrobe. While denim shorts are not the optimal choice for cold weather, a more structured pair of cotton, polyester, or tussel shorts in classic black or gray look modern and chic over a pair of solid or patterned tights. This look has been achieved with skirts by many women, and always looks classy and cute. Supplementing a skirt with shorts adds a stylish flair. Forever 21 offers many variations of trouser shorts for a reasonable price.

Adding a scarf to any outfit instantly brings forth a cold-weather vibe. Infinity scarves, (which are scarves that form a complete circle) are placed over the head can be doubled up around the neck; they are incredibly effortless and in style for this year. They made their appearance in the early spring months, and look great for the fall semester.

When planning for fall and winter shopping, it might be beneficial to first take a look through items already hanging in the closet, and consider how to pair outfits with mixes of bright-and-light with thick-and-cozy for the coming seasons.

TWEETS OF THE MONTH

@omghatspunny: The fattest knight at King Arthur’s round table was Sir Cumference. He acquired his size from too much pi.

@ThePrezObama: Paul Ryan thinks The Hunger Games was a documentary.

@ConanOBrien: It’s hard to believe that the greatest division in American politics these days is “pro-” or “anti-Chick-fil-A.”

“Solid” Delivers Unconventional Heroes

ANDREA WENTZELL ’15

DNA alteration is believed to be something of the future, but for one hundred teens it’s a reality.

In Shelley Workinger’s 2010 novel, “Solid,” this is the truth for 100 United States Army brats. Experienced on while still in the womb, these teens have now developed powers as they hit puberty in current day. And what was thought to have been a failed experiment has now succeeded.

Due to this experimentation, all 100 teens have been transported to a top-secret Army base in New Jersey, where they are to master their superhero powers, such as strength, invisibility, and sheer star power.

Taken away from her summer break, “Solid” follows the life of Calioppe “Clio” Kaid, a soon to be high school senior, who has hardly ever been exposed to the life of the Army. Having moved off base with her mother after her father’s death when she was a baby, Clio has never truly been an Army brat. But being the daughter of an author has resulted in Clio doing as much moving as a typical Army brat. This Army base will lead to questions being answered that Clio has been asking herself for years, as well as leading her to make new friends in Jack, Bliss, Garret, and Miranda, who all question why they have never returned their phone calls or why the internet servers never work. Being cut off from outside civilization, these five questions why they are truly at this New Jersey base and their true existence.

Each character develops different attributes that result in them being a perfect team to figure out the truth. Clio, having grown up into an independent teen with strong ties to what is right and wrong, becomes the leader to this misfit the group. Whereas Jack is a caring, lover of astronomy who does not know what his power is. Garret is the jock and joker of the group, and Bliss is the girl just trying to gain her mother’s affection, while Miranda is the brat that cannot stand anything that is not good for you. Together as a team each and every one of them, along with their powers, attempt to discover what is truly happening on the Army base and a few other mysteries as well.

Shelley Workinger, as an indie author, hit the ground running with her excellent fast paced romance mystery, “Solid.” An excellent read for anyone, this book is packed with dramatic moments and small romantic interludes. Not just a one book series, the second novel in the “Solid” series, “Setting,” published in 2011, follows the evolving abilities these teens have and continues where the mystery and drama left off. And a newly announced third novel, “Sound,” will be released in November.

You can find “Solid” in e-book ($4) and paperback ($10) formats.
A Makeup Test in Business Ethics

AMANDA FINLAW ‘15

Testing cosmetics on animals has been going on since the 1930s, shortly after consumers were being physically harmed by unsafe and untested makeup products. Two of the most common tests were the Draize Test, where drops from a product were placed on the eye of an animal, typically an albino rabbit, to see whether the product damaged the eye tissue, and the LD50 (Lethal Dose 50), in which animals were forced to consume a product, and were observed until 50 percent of the animals perished. Animals subjected to the Draize test would sometimes break their spines attempting to escape the terrible pain they were exposed to and animals exposed to the Lethal Dosage tests would typically experience convulsions, vomiting, paralysis, and bleeding. These horrifying practices have slowly been reduced and replaced by more ethical manners of testing.

Today, when a company creates a new product, there is no need to subject animals to torture, and consumers are not at risk of buying a harmful product with the new measures available. In fact, animal testing has never been completely accurate, as humans and animals react differently to various substances. New and more reliable methods of testing include the use of cultures of cell and skin tissues, corneas from eye banks, as well as computer models. Also, some companies, like Tarte cosmetics, make use of all natural substances that have already been approved as safe.

As a consumer, it might seem challenging to figure out which brands are cruelty-free when it can be difficult to find the right product. However, many makeup brands of different price ranges firmly believe that testing products on animals is unnecessary. The easiest way to identify which brands and products are cruelty-free is to see whether the package has the “Leaping Bunny” logo on it. The “Leaping Bunny” program was formed by the Coalition for Consumer Information on Cosmetics. It marks brands’ products as cruelty-free and animal-friendly with their “Leaping Bunny” logo.

Revlon and Avon were the first companies to end cosmetic animal-testing. Additional drugstore brands that refuse to practice animal testing include Almay; which is all-organic, Yes to Inc., Organic, John Frieda, NYX and E.L.F. (Eyes, Lips, Face) Cosmetics. There are also an abundance of skincare brands that do test on animals. These include Bath and Body Works, Boscia, Burt’s Bees (owned by Clorox which is not cruelty-free), Clarins, Jergens, EOS and Softlips, among others.

There are however, many mid to high-end brands that embrace cruelty-free values, including Urban Decay, which has some vegan products, Obsessive Compulsive Cosmetics and Tartina Tarantina, which are both vegan, Tarte, which is also completely vegan and uses Amazonian clay as a base for most products, Too Faced, bare Escentuals (Bare Minerals), Cover FX, Illamasqua, Kat Von D, Korres, Artistry, NARS and Sephora brand.

Despite these brands being readily available, there are still numerous companies who test on animals. Unfortunately, in order to sell cosmetics in China, which actually requires animal testing, a few companies have regressed and loosened their ethical standards. Estée Lauder, along with their sub-brands, including MAC Cosmetics, Clinique, Bumble and Bumble, Aveda, Bobbi Brown and Smashbox, among others, have given up their non-animal testing label in order to make more money from the Chinese economy. Mary Kay has done the same thing.

This is an era to move away from testing cosmetics on innocent animals, as well as a time to lead by example and influence China to end their cruel testing, not to lapse into antiquated and immoral practices. Urban Decay, a brand best known for its high quality and fun-colored eye shadows, as well as its edgy and hippie-esque aesthetic, has recently been considering bringing their products to China. They claim that it would be an effort to create change from the inside. However, after many objections from those loyal to the brand, Urban Decay decided that allowing their products to be tested on animals was truly against their values and the values of their customers. When companies take these ethical actions, they not only send a message to the consumer, but to those who still refuse to practice decent procedures.

As more cosmetic companies in the United States make the change to cruelty-free practices, perhaps China, and other nations who still do these tests, will make a positive change for animals and for the world.

When searching for a new mascara, foundation or moisturizer, why not look toward a cruelty-free, organic, or vegan cosmetics brand in order to stand against animal testing and support continued progress toward a cruelty-free future for the beauty industry.
The ‘Daily’ Truth

JESSICA PENNELL ’14

To be honest, I don’t watch the news. I see slivers of broadcast from the corner of the cafeteria, or occasionally catch a story or two while waiting for a meeting, but I can’t remember the last time I made a conscious effort to sit down and watch. Part of this is convenience; I don’t have access to TV in my room, nor am I willing to be awake at the appropriate times, when I could so easily fall asleep. The other, larger, motivator lies in the method of presenting information that our media is currently embracing. I feel as though it’s impossible for viewers to simply hear a solid story anymore. Each network, program, and pundit forces a spin on every issue, so much so that two identical stories broadcasted simultaneously on MSNBC and Fox News become unrecognizable.

Objectivity should make it impossible to differentiate networks based on right and left leanings, but those labels practically apply themselves. Personal beliefs should never radiate into a profession that demands such a high level of integrity. Most shows are guilty of becoming one viewing experience, and leave me with a sour taste in my mouth.

So what am I to do? I’ve always considered myself to be a moderately informed person, and I think it’s important to know what’s happening in the world. Comedy Central provides my answer. Though categorized as comedic and farcical, I will forever argue that “The Daily Show with Jon Stewart” is a valid source of news, and an unbiased, and he mocks liberals and conservatives with the same vigour. What’s that make all the difference to me. No one is going to pretend that Jon Stewart’s political leanings are unknown, or that you can glean them from one viewing of “The Daily Show.” It’s this honesty and credibility that sets him apart from other newscasters, not the fact that he anchors a comedy show.

Apple Falls Far from the Tree

CHRIS SHRIVER ’15

Another September has entered our midst and with it comes the annual Apple keynote. On Sept. 12, Apple officially announced their new addition to the iPhone family – the iPhone 5, alongside a handful of other device updates including an updated iPod Nano, iPod Touch, and their iToons software. Every time one of these conferences is held, I’m asked the question, “Chris, what do you think of the new...?” Well, I’m going to tell you.

It’s always very exciting to hear that Apple has announced that a keynote will be held. When an Apple-lover gets a whiff of one in close proximity, they’re likely to check tech blogs like BoyGeniusReport (BGR), Gizmodo, and Engadget. These sites are often rid with detailed production images of parts, devices, and retailer promotions on merchandise screens. Three years ago, such photos were very difficult to come by, which makes me, the biggest Apple fan-boy I know, begin to wonder if Apple is starting to lose that special touch. Keynotes used to be a technological Christmas with an announced release date comparative to old St. Nick’s arrival. Now, the biggest surprises seem to simply be heard around a brick for a phone your entire life, then for all of our sakes, do yourself a favor and at least update to the iPhone 4. Apple has announced that the phone is free – yes I just said that – free with any new/renewed contract. If you’ve got the money, then I’d say go for it and get the 5 because you’ll look really snazzy around your inferior iPhone 4S-carrying friends. If you bought the iPhone 4S and feel like you need a little more, then go to the store and try out the 5 because from what it seems thus far, the jump from the 3GS to the iPhone 5 is a step up but not by much. Don’t let the smoke and mirrors fool you just because the phone will have a larger screen and a 5th row for apps. If you’re tight on cash and you have a 4S, stick with it. I mean, heck, it’s better than what I’ve got.

Overall, the features that have been announced with the iPhone 5 aren’t necessarily impressive but they’re still necessary. Certain features have just been added that have been available on Android for years, and I found myself sitting there watching the keynote saying “Thank God!” out loud. Panoramic pictures, Passbook, turn-by-turn navigation in their new Maps app on iOS 6 are all very exciting, but they were all technically available on previous iterations of the iPhone provided you had the right app installed.

Each year as another press conference goes by, I find myself comparing certain features of iOS 5 and the latest iPhone with whatever the latest Android phone is. It is beginning to reach the point where I feel that Apple has to be purposely holding back features primarily so they can either improve upon them for future iterations of their devices, or so they have something to talk about when their next device is announced.

I’m certainly excited about the iPhone 5 – but it was nothing like how excited I was when the jump from the 3GS to the 4 occurred. But hey, who cares what I think – half the country is probably going to sell their outdated old 4S on eBay so they can buy one of these on the Sept. 21. Pre-orders have already begun, so get moving!

A LETTER FROM THE EDITOR-IN-CHIEF

Dear Reader,

I feel honored to accept another year of working towards The Griffin’s ultimate goal, to produce and distribute honest and entertaining news. Over the past year and as a staff, we have improved upon communication, both with one another and with the public.

We have worked toward something new and something involving risk. It has certainly been challenging to output opinion, or to iterate occurrences on campus. To decide between printing that which is true and that which is acceptable has been my greatest privilege.

This year, The Griffin seeks to continue on our path while refining our coverage and content. I hope that you look forward to reading each issue that follows. As always, I encourage budding writers and contributors to reach out to us. Welcome back!

Warmly,
Olivia Marcinka ’13
Editor-in-Chief
Men's Soccer Goes International: London 2012

MARILEE GALLAGHER ‘14

This summer, the Chestnut Hill College Men's Soccer Team had a chance to travel to London, England, to experience one of the best soccer cultures in all of Europe. While in the process, they established teamwork that no doubt will be vital to the team's success this season.

The trip began with a tour of some of the best sights and sounds England has to offer. As Head Coach Keith Cappo recounted in the blog the team wrote about their trip on griffinathletics.com: "The sightseeing tour included visits to some of London's most iconic landmarks including Westminster Abbey, Piccadilly Circus, Big Ben, the Tower Bridge and the Tower of London."

After the brief tour of these landmarks, the Griffins had the opportunity of a lifetime as they visited the legendary Wembley Stadium, home of the English National Team. Here, the team took in a Women's Olympic semifinal match between Japan and France. The next day, the Griffins saw another Olympic soccer semifinal as they watched the men's semifinal between Brazil and Korea.

This match was played at an English football club that Cappo particularly enjoyed the chance to see. "Being able to watch a game at such a historic site, Old Trafford, home of Manchester United, was such an experience," the coach said. He added that overall getting to see the culture, experience games in these two stadiums and see the passionate English soccer crowd was "amazing."

In addition to getting to watch Olympic matches, the team also received the unique chance to train at the facility of Everton's Soccer Club, one of the teams in the English Premier League. The facility, known as "The Farm," is one of the best and well-kept facilities in all of the Premier League.

Cappo believes having this professional training session at "The Farm" and the experience the players gained from it, ultimately will benefit the team during the regular season conference play. "The training session at Everton was amazing," he said. "The knowledge, environment and energy the coaches and staff provided to our boys, made it a wonderful experience for them."

Having the opportunity to actually train with English trainers, one of which trained professional English star Wayne Rooney, was something that the players particularly took to. As Sophomore Midfielder David King recounted in the team's blog, the team had the chance to go through the actual practice routine Everton uses in their training academy including "an intense warm-up, a great ball touch workout, onto 1-on-1's, then expanded that to 2-on-2 and 3-on-3, moved on to a shooting drill which involved defense and finished with a scrimmage."

Also as part of the trip, the players competed in two matches against actual English teams. The first match against Ashton Athletic Club FC ended in a 2-1 loss but as King observed, "It was a tremendous experience, regardless of the outcome."
The second match the team played was against Harborough Town and in a great show of passion, the team finished with a 1-1 tie.

Cappo believes that these matches were a very important part of the trip and that they will benefit the team going forward as the Griffins had a chance to experience a different style of soccer overseas. "The game over there was very physical," Cappo said. "We had to match that in order to have any chance to compete against them." King echoed this sentiment adding that "it was amazing to see the different style, speed and overall skill and ability of an English club."

As representatives of Chestnut Hill College, Cappo is confident that his players gained the most from their experience and that they represented the College with a great sense of pride adding that they showed "a sense of professionalism that the coaching staff had been looking for over the last few seasons."

With vital experience gained and teamwork and chemistry now at an all-time high, the men's soccer team is optimistic they can take what they learned from London and implement that into regular season success. As Cappo said, "Being big fans of the game, in a country in which soccer is slowly becoming more and more popular, being in England and being able to see the big clubs, their stadiums, their locker rooms and how all of the people in the UK approach the game and exhibit their love of the sport energized our guys."

Over the summer, the Men's Soccer team had the opportunity of a lifetime to visit London, United Kingdom during the 2012 Summer Olympics. There they watched Olympic events; practiced at Finch Farm, Everton FC's training facility; and competed against two 'football' clubs: Ashton Athletic FC and Harborough Town.

Upcoming Home Game Calendar

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Opponent</th>
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<tbody>
<tr>
<td>SEPT. 20</td>
<td>Men's Soccer</td>
<td>vs. Shepherd U.</td>
<td>Plymouth Whitemarsh</td>
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<td>Plymouth Whitemarsh</td>
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<td>SEPT. 21</td>
<td>Men's Tennis</td>
<td>vs. Stonehill College</td>
<td>Tennis Courts</td>
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<tr>
<td>SEPT. 22</td>
<td>Women's Tennis</td>
<td>vs. Post University*</td>
<td>Sorgenti Arena</td>
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<td></td>
<td></td>
<td>Women's Volleyball</td>
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<tr>
<td></td>
<td></td>
<td>vs. Merrimack College</td>
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<td>SEPT. 26</td>
<td>Men's Soccer</td>
<td>vs. Bloomsburg University</td>
<td>Plymouth Whitemarsh</td>
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<tr>
<td>SEPT. 28</td>
<td>Women's Volleyball</td>
<td>vs. U. of the Sciences (Phila.)</td>
<td>Sorgenti Arena</td>
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<tr>
<td>SEPT. 29</td>
<td>Women's Tennis</td>
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* denotes a CACC contest
improve on last year's ground - going to be a great year,” he make a statement. “I think it’s and growth, possibilities for continual and yearly improvement tournament appearances. The women’s team has fared to also improve on last year’s cords in nearly every category establish new school high re- Coach of the year Awards. He The women’s team has fared Tournaments in the CACC Conference. All-CACC selections and Stroble winning two CACC. Coach of the Year Awards. He has also led the team to back-to-back CACC Championship tournament appearances. Building off of the con- tinual and yearly improvement and growth, possibilities for the team have heightened and Stroble along with his team, is determined to and ready to make a statement. “I think it’s going to be a great year,” he said, adding that now more than ever, “expectations are high.” The women are looking to improve on last year’s ground-breaking season that saw them establish new school high re- cords in nearly every category of play. With a strong core returning and more new play- ers ready to make their impact, the goal and belief is to win a CACC Title. They would like to also improve on last year’s tough first round exit from the NCAA Postseason tournament. They are off to a great start with a 9.0 victory over Moller College. While the women are look- ing for their first ever post- season win, the men’s team is looking for its first ever playoff appearance, something both Stroble and the players are con- fident in making happen. Depth and experience are huge factors heading into this season for the men’s team. With a solid core group of upper- classmen combined with tal- ented newcomers, the men are looking to win a CACC Title and make their third straight NCAA Postsea- son appearance. As Stroble said in regards to both the men and women, “Conference playoffs and the NCAA tournament is the ultimate goal.” This season, both teams be- lieve they can reach this goal and with Stroble’s assistance and successful development of the program, they believe that this could be the year that CHC really makes a mark on the CACC Conference. It should be a great year for both the men and the women as they continue to strive for this excellence and to make them- selves known as a team to beat in the conference. These previews are from the perspective of the athletes. If you are an athlete and would like to contribute, please email Marilee Gallagher at gallagherm1@chc.edu.

From a Player’s Perspective: In-season Sport Previews

Men & Women’s Tennis

JEIRAMY SOLEMA ’14

Over the past few years the men’s and women’s tennis programs at Chestnut Hill College have really made great strides in overall improvement and a renewed commitment to ex- cellence.

With Albert Stroble as the head coach, the team has truly been on the rise. Since his time at the college (2006-07 season), the men’s team has placed three men on the Central Atlantic Collegiate Conference’s All- Conference (CACC) Team and have had one player earn CACC Rookie of the Year Honors. The women’s team has fared even better with seven players earning All-CACC selections and Stroble winning two CACC Coach of the Year Awards. He has also led the team to back-to-back CACC Championship tournament appearances.

Building off of the conti- nual and yearly improvement and growth, possibilities for the team have heightened and Stroble along with his team, is determined to and ready to make a statement. “I think it’s going to be a great year,” he said, adding that now more than ever, “expectations are high.” The women are looking to improve on last year’s ground-breaking season that saw them establish new school high re- cords in nearly every category of play. With a strong core returning and more new play- ers ready to make their impact, the goal and belief is to win a CACC Title. They would like to also improve on last year’s tough first round exit from the NCAA Postseason tournament. They are off to a great start with a 9.0 victory over Moller College. While the women are look- ing for their first ever post- season win, the men’s team is looking for its first ever playoff appearance, something both Stroble and the players are con- fident in making happen.

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These previews are from the perspective of the athletes. If you are an athlete and would like to contribute, please email Marilee Gallagher at gallagherm1@chc.edu.

WOMEN’S SOCCER: Keeper’s Perspective

JESS VEAZZY ’13

It’s a new year at Chest- nut Hill College, which means many exciting experiences wait- ing around the bend. For me, this means a whole new soccer season for the team to show our division what we’ve got. We have been working very hard over preseason and these first few weeks of the season in or- der to prepare ourselves for the grueling matches that await us. In order to have a better un- derstanding of where our teams stand, I decided to take the time out to tell our fans what’s changed from last semester.

Our current team captains are Shannon Catts ’13, Brittany Boles ’14, Kaelyn Pizarro ’14, and Lauren Nolte ’14. Their leadership is just what our team needs to stay on track and fo- cused, while also having a good time on and off the field.

While we may not have our All- American player in Riff, that’s not stopping us from trying to become an All-American team. The team is looking to be a hard contender for the top of our conference starting with our game at Nyack. Our top forwards, Carly DiGiovanni ’14 and Pizzaro ’14, are a force to be reckoned with, while our midfielders control the pitch and our defense puts on a strong performance, denying anything in their path.

While our first two games ended in draws we have no intention of looking back when it comes to our conference play. Our team plays with a lot of heart and we are prepared to take on any hardship this season.

It’s not about all our return- ers this year though; our fresh- men have proven to be a good asset to our growing team as well, and fill me with hope for our future after my departure from Chestnut Hill. All in all, the Women’s Soccer team is going to have a good year and I look forward to playing my last year in goal with the Griffin. So please, come out and support your Lady Griffins, we promise to put on a great show for you.

ENERGY AND PASSION LEADS NEW COACH TO CHC

KARLAANE KLOUDA ’14 STAFF WRITER

As we start a new school year, the sports teams are get- ting ready for another season. The women’s lacrosse team has recently acquired a new coach- ing staff: Head coach, Chel- sea Rosiek, and new assistant coaches Lindsey Colferai, and Rosanne Morre. All are very excited to excited to the women’s la- crosse program at Chestnut Hill College.

Growing up in Plymouth Meeting and then playing at Temple University, this is an opportunity for Rosiek to give back to the community that has continuously supported her. She said that now she has “been given the chance to stay in Phil- adelphia, the place I love.”

“I feel that I have the expe- rience; energy and passion for the sport to motivate and edu- cate the young women in the game of lacrosse,” Rosiek said. “I hope to build Chestnut Hill’s program through the years to shape a winning team and bring a Division II title back to Phila- delphia.”

Colferai also hopes that both she and Rosiek can bring their experiences as Division II lacrosse players to help give the team plenty of drills and workouts. “This will push them to the best of their abilities,” Colferai said. All of the coaches have experience playing every- where on the field, creating a well-rounded coaching staff to instruct and refine the player’s skills.

Coach Rosiek and Colferai are most looking forward to helping their athletes become “well-rounded, successful and happy young women while preparing them for their cho- sen careers after lacrosse has ended,” Rosiek said. They are also excited to start a strong tra- dition for the women’s lacrosse team. Captain Erica Ealy ’13 said the team as a whole is “very excited about the new coaching staff and it looks like a promis- ing season.”

Looking ahead to the spring season, Rosiek and the other coaches have a team goal to gain a winning record and play in the conference championships. Philadelphia University will be the team’s toughest games; the CHC team will try their best to beat their Philly rival.

Roseik’s best piece of advice is for the team “to have self- motivation because it is the key to happiness and success.” All the girls are responding with a positive attitude and are work- ing hard this fall in order to have a successful season.

Coach encourages the girls with these words: “I stress to all my players that a game will be won if everyone team plays with purpose, hustle, heart.”

Pictured above, Kaelyn Pizarro ’14, against an opponent from Millersville University, during the women’s home opener at Plymouth Whittemarsh High School Stadium.