

CLINICAL AND COUNSELING PSYCHOLOGY (MASTER'S LEVEL)

Department of Professional Psychology

Program Contact Information

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Program Offerings

Masters of Science in Clinical and Counseling Psychology

Post-Master's Certificates and Licensure Preparation Courses

Program Overview

The School of Graduate Studies of Chestnut Hill College, through the Department of Professional Psychology, offers the Master of Science (M.S.) degree in Clinical and Counseling Psychology. This degree may be earned in one of six areas of concentration: Child and Adolescent Therapy, Child and Adolescent Therapy with Specialization in Autism Spectrum Disorders, Co-Occurring Disorders, Diverse and Underserved Communities, Couple and Therapy, and Trauma Studies. Students may elect one of these concentrations or may choose the generalist curriculum, which allows them to distribute their electives among any of the five areas. The M.S. Program in Clinical and Counseling Psychology is also offered on the campus of DeSales University in Center Valley, PA.

The department also offers Post-Master's Certificates of Advanced Graduate Study in Professional Counseling for Licensure Preparation, and Post-Master's Certificates of Advanced Graduate Academic Study in each of the six concentration areas. Applicants for these certificate programs must have already earned a master's degree in psychology or a related discipline.

Program Objectives

Chestnut Hill College, through the Department of Professional Psychology, seeks to prepare students pursuing a master's degree in clinical and counseling psychology to become competent and ethical professionals. In accordance with this goal, students are:

1. acquainted with the body of theoretical and empirical knowledge relevant to their course of study;
2. provided with training in the skills needed for competent and ethical professional practice; and
3. prepared for ongoing graduate study in a doctoral program.

In addition, the Master of Science degree meets the graduate degree requirements for students seeking master's licensure in the state of Pennsylvania as either Licensed Professional Counselors (LPC) or Licensed Marriage and Family Therapists (LMFT).

This degree also meets the master's-level licensure requirements in many other states. Please contact your state licensing board for requirements in your state.

Other Program Guidelines and Standards

Professional Standards

The Department of Professional Psychology has the responsibility to assure that its graduates are adequately prepared for professional practice. The student is required not only to demonstrate competence in the areas of academic study and clinical training but also to demonstrate familiarity with the ethics of professional practice and to behave in an ethical and professional manner at all times. Behavior in violation of ethical or professional standards of conduct constitutes grounds for immediate dismissal from the program. Students are evaluated regularly in academic, professional and clinical areas and are notified if any problems are observed. Class attendance is closely monitored by all instructors in the program to assure that students are fully prepared for professional practice. In recognition of the essential importance of the interpersonal context of the counseling relationship, classes are experiential in nature and require consistent class attendance from students. Students are expected to attend all of the hours of the accelerated classes (e.g. 5 days) in the program.

Student Disclosure of Personal Information

The following policies about student disclosure of personal information comply with the ACA Code of Ethics (2014) and the APA Ethical Principles of Psychologists and Code of Conduct (APA, 2002).

Disclosure in Courses

Some courses require students to share personal information, either orally or in writing, germane to understanding self-growth, developing insight into countertransference dynamics, or conducting effective treatment. This may include family of origin issues and other personal information that could affect clinical and professional development.

Disclosure in Supervision

Students are required to share personal information with their supervisors germane to understanding self-growth, developing insight into counter-transference dynamics, or conducting effective treatment. This may include family of origin issues, history of abuse or trauma, psychological treatment and other personal information that could affect clinical and professional development.

Professional Competence Problems

The faculty is responsible for determining whether each student's emotional stability and interpersonal behavior are suitable for a career in counseling and clinical psychology. If the student's behavior warrants, it may be necessary for the faculty to take more immediate action. In most instances, the faculty will endeavor to discuss the issue with the student before taking further action. If the student's behavior constitutes a breach of professional ethics, or the student's behavior poses a serious threat to clients or to other students, or the student's behavior significantly disrupts the learning process for other students, or the student's behavior interferes with their progress in the program, the student will be suspended or dismissed from the program.

The faculty has the right and professional responsibility to obtain and evaluate personal information when students are unable to perform training or professionally related activities competently or pose a threat to themselves or others. To discharge this duty, the faculty may require a student to undergo a psychological evaluation or participate in psychotherapy. The department must approve the provider of these services in advance and the student is responsible for all fees associated with the evaluation and/or treatment. Refusal to participate in the mandated evaluation and/or treatment and/or refusal to authorize release of information from the evaluating or treating mental health professional constitutes grounds for immediate suspension or dismissal from the program. The department will provide the student and the evaluator a list of questions for which answers are required.

Program Completion Information

Master of Science (M.S.) students must complete a minimum of 48 graduate credits. Of these 48 credits, 24 credits (8 courses) come from the Core Curriculum. At least 9 credits come from the field placement. Students without an undergraduate degree in psychology or closely related field are evaluated on an individual basis. It is recommended that the non-psychology applicant has taken at least four undergraduate psychology courses including: General Psychology, Abnormal Psychology, Statistics or Research Methods, and any other psychology course.

Students may concentrate in one of six areas or take a generalist curriculum. These credits are distributed in the following manner:

- Co-Occurring Disorders: 15 concentration credits
- Child and Adolescent Therapy: 12 concentration credits and 6 elective credits
- Child and Adolescent Therapy with Autism Spectrum Disorder Specialization: 9 CHAD credits and 6 ASD credits
- Couple and Family Therapy: 18 concentration credits
- Diverse and Underserved Communities: 15 concentration credits
- Trauma Studies: 12 concentration credits and 6 elective credits
- Generalist Curriculum: 15 credits selected from among any of the concentration or elective courses

Students who need to take a third term of internship may do so in place of 3 elective credits.

These courses are required for all students. Prerequisites are in parentheses:

	Course Code	Course Name
<i>Core Courses</i>	PSYG 500	Theories of Counseling and Psychotherapy
	PSYG 503	Psychopathology (500, may be taken concurrently with 500)
<i>Complete All</i>	PSYG 506	Techniques of Counseling and Psychotherapy I (503)
	PSYG 508	Techniques of Counseling and Psychotherapy II (506)
	PSYG 510	Research Design and Methodology
	PSYG 512	Legal and Ethical Issues in Counseling and Psychotherapy (500, 503)
	PSYG 514	Development Across the Lifespan: Individual & Family
	PSYG 608	Couple and Family Therapy

Couple and Family Therapy (15 credits required for graduation, 18 for PA licensure)

	Course Code	Course Name
<i>Concentration Courses</i>	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)**
	PSYG 612	Advanced Theories of Couple and Family Therapy (608) (required)
<i>Complete Five courses</i>	PSYG 614	Couple and Family Therapy Techniques (608,612)
	PSYG 616	Advanced Couple and Family Therapy Techniques (608, 612,614)
	PSYG 618	Human Sexuality and Marriage
	PSYG 638	Systemic Treatment of Addictions (608)**

***Students choose one of these two courses for the 48 degree program (both are required for PA Licensure).*

Child and Adolescent Therapy (all required)

	Course Code	Course Name
<i>Concentration Courses</i>	PSYG 602	Play Therapy (500, 514)
	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)
<i>Complete all courses</i>	PSYG 622	Intro to the Assessment and Treatment of Psychological Trauma
	PSYG 662	Assessment and Treatment of Children and Adolescents (514)

Child and Adolescent Therapy with Autism Spectrum Disorder Specialization (all required)

	Course Code	Course Name
<i>Concentration Courses</i>	PSYG 602	Play Therapy (500, 514)
	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)
<i>Complete all courses</i>	PSYG 652	Introduction to Autism Spectrum Disorders*
	PSYG 654	Treatment Approaches to Autism Spectrum Disorders (652)*
	PSYG 662	Assessment and Treatment of Children and Adolescents (514)

**Note: Available at Main Campus Only*

Co-Occurring Disorders (all required)

	Course Code	Course Name
<i>Concentration Courses</i>	PSYG 630	Foundations of Addictive Behaviors
	PSYG 622	Introduction to the Assessment and Treatment of Psychological Trauma
<i>Complete all courses</i>	PSYG 632	Treatment Approaches to Substance Abuse (630)
	PSYG 638	Systemic Treatment of Addictions (608, 630)
	PSYG 672	Assessment and Treatment of Co-Occurring disorders (630)

Diverse and Underserved Communities (6 required credits, 9 elective credits)

	Course Code	Course Name
<i>Concentration Courses</i>	<i>Required Courses</i>	
	PSYG 532	The Role of Culture and Gender in Counseling & Psychotherapy
	PSYG 622	Introduction to the Assessment & Treatment of Psychological Trauma
	<i>Electives Courses (select 3 courses)</i>	
	PSYG 652	Introduction to Autism Spectrum Disorders
	PSYG 640	Competencies for LGBTQ Counseling
	PSYG 684	Mindfulness and Psychotherapy
	PSYG 682	Working with Latino Families
	PSYG 680	Introduction to Geropsychology
	PSYG 561/562	Independent Research in Clinical and Counseling Psychology
	PSYG 628	Working Effectively in Trauma- Intensive Communities
PSYG 635	Special Topics in Diversity (e.g. Working with African American communities, Working with Asian American Communities, Counseling Multiracial Populations)	

Trauma Studies (all required)

	Course Code	Course Name
<i>Concentration Courses</i>	PSYG 622	Introduction to the Assessment and Treatment of Psychological Trauma
	PSYG 624	Treatment of Complex Chronic Trauma Responses (622)
<i>Complete all courses</i>	PSYG 626	Acute Incident Responding: Trauma Prevention and Early Intervention Strategies (622)
	PSYG 628	Working Effectively in Trauma-Intensive Communities (622)

Electives (note: students may also use concentration courses to fulfill elective requirements)

	Course Code	Course Name
<i>Electives</i>	PSYG 530	Group Therapy (LPC required)
	PSYG 532	The Role of Culture and Gender in Counseling and Psychotherapy (LPC & LMFT required)
	PSYG 536	Psychological Assessment (503) (LPC required)
	PSYG 542	Career Development and Counseling (LPC required)
	PSYG 544	Eating Disorders

	PSYG 546	Bereavement Counseling
	PSYG 645	Special Topics
	PSYG 561	Independent Study I (510)
	PSYG 562	Independent Study II (561)

Field Experience (see below for prerequisites)

	Course Code	Course Name
<i>Field Experience</i>	PSYG 705	Practicum (except for MFT students)
	PSYG 710	MFT Internship I
	PSYG 715	Internship I (LPC Students)
	PSYG 725	Internship II
	PSYG 735	Internship III (optional except for MFT students)

Students in the MFT concentration take 710, 725, and 735 and do not take 705. All other students must take 705 first and then 715 and 725. Students may also opt to take 735 if needed.

Application to the Psy.D. Program

Students in the master's program who intend to apply to the Psy.D. program at Chestnut Hill College after receiving their master's degree should include among their concentration or elective courses PSYG 532 The Role of Culture and Gender in Counseling and Psychotherapy.

Practicum

The practicum is mandatory for students seeking licensure as Licensed Professional Counselors (LPC) in Pennsylvania. The practicum is a 100-hour experience that includes 6-7 hours per week at the practicum site, plus 1.5 hours of classroom supervision weekly. Content for the practicum experience includes biopsychosocial assessment, case formulation, diagnosis, and treatment planning. Students may engage in: milieu therapy, group therapy co-facilitation, case conferences, educational experiences, and individual therapy and group therapy as considered appropriate by the site supervisor. The overall goal of the practicum is preparation for internship. Because of the requirements of our various sites, practicum can begin only during the fall or summer sessions. Please plan accordingly. Consult with your advisor or the Coordinator of Master's Field Placements if you have any questions.

Practicum and CFT Internship 1 Prerequisites

- Theories of Counseling and Psychotherapy
- Psychopathology
- Techniques of Counseling and Psychotherapy I
- Legal & Ethical Issues

LPC students typically continue with internship PSYG 715 immediately after the practicum. CFT students must continue immediately to PSYG 725 Internship 2 after Internship 1 semester. Please be sure you have completed enough coursework to be able to continue on in your field placement.

Internship

Students accept the responsibility of applying and interviewing for their internship. A detailed procedure for this process is presented at the internship information sessions that students are required to attend. Please contact the co-Coordinator of Masters Field Placements, for dates and times of these sessions.

Internship Prerequisites

Prior to registering for second semester of field placement (PSYG 715 for LPC; PSYG 725 for CFT), students must have successfully completed a minimum of 30 credits including all of the following courses:

- Theories of Counseling and Psychotherapy
- Psychopathology

- Techniques of Counseling and Psychotherapy I
- Techniques of Counseling and Psychotherapy II (May be taken concurrently with the first semester of field placement)
- Legal and Ethical Issues
- Practicum (PSYG 705) or MFT Internship I (PSYG 710) for Couple and Family Therapy students only
- Two Concentration Courses (students in the generalist curriculum may use any two non-core courses)

Important Procedures/Policies (in preparation for practicum/internship)

1. Contact the Coordinator of Master's Field Placements to attend an information session for practicum/internship. You are required to attend an information session two terms prior to the term you plan to begin. Group information sessions will be held each term. Students may begin the practicum/internship sequence in the summer or fall terms only.
2. A practicum/internship resource list is available to students after attending an information session. The Coordinator of Field Placements has a resource book containing a listing of previously used sites and information regarding the sites. Students may also seek new practicum/internship placements. However, the Coordinator of Master's Field Placements, consistent with program policies, must approve all sites.
3. Prepare a resume/vita, as you will need it to interview for practicum/internship. All other paperwork necessary for the interview process will be distributed at the practicum/internship information sessions.
4. Once you have decided on a site, you are responsible for arranging for and delivering completed paperwork to the Coordinator of Master's Field Placements. As part of the practicum/internship process all students are required to procure liability insurance. **Students are not permitted to begin a practicum or internship without liability insurance and must maintain it until the internship is completed. Students are required to submit verification of coverage to both the Coordinator of Master's Field Placements and the field site supervisor.**
5. A practicum or internship may **not** be completed at a site where the student is or has been employed in the previous three years.
6. All students are required to participate in a group supervision class each term of their practicum/internship. You may register at the beginning of each term for one of the practicum or internship classes upon approval by the Coordinator of the Master's Field Placements.

Internship Requirements

During the actual internship placement students must meet the following requirements:

1. Students interested in seeking LPC licensure must train at the field site a minimum of 700 hours over a minimum of three terms, including the practicum semester and two semesters of internship. Of these 700 hours, 240 must be spent in direct-client contact. Students seeking LMFT licensure must complete a total of 300 direct-client contact hours over the course of a full calendar year (3 terms) and a total of 700 hours at the internship site.
2. Students must attend a weekly seminar at the College. The seminar will provide an opportunity for students to discuss cases and their internship experience. (Note: Students must register for the corresponding seminar for each term of Internship: PSYG 705 or 710, PSYG 715, PSYG 725, PSYG 735.)
3. Final grades are globally based on regular attendance and participation in the weekly seminar, performance at the internship site and in the course, the timely submission of required paperwork, and the site supervisor's written evaluation.
4. All students are expected to comply with the rules and regulations of the internship site and conduct themselves in a professional manner at all times.

Suspension/Termination of Field Experience

In extreme cases, the Internship or Practicum Site Supervisor or the CHC Internship or Practicum Group Supervisor may suspend a student's internship or practicum, while circumstances are being reviewed by the Coordinator of Master's Field Placements. The length of a suspension is determined by the nature of the situation. Every effort is made to expedite the process in the best interest of the student and clients involved.

A student's practicum or internship may be terminated prior to completion by either the Site Supervisor or the Coordinator of Field Placements if the student's performance is considered inadequate, unethical, or in violation of the program policies as stated in the catalog and/or the Practicum/Internship Handbook. Termination of a practicum or internship based on student performance constitutes grounds for dismissal from the program. The Co-Coordinator of the Master's Program must recommend dismissal to the Chair of the Department of Professional Psychology and the Dean of the School of Graduate Stud-

ies. Supporting documentation stating the reason(s) for dismissal is to be provided, in writing, to the student, the Chair, and the Dean.

If a student is terminated from a practicum or internship and consequently terminated from the College, the student may, within ten days of the College's termination, appeal to the Dean of the School of Graduate Studies, stating the reasons for disagreement with termination from the College and presenting evidence in support of the appeal. After appropriate consultation, the Dean of the School of Graduate Studies will provide a final decision to the student.

It is very important to note that more in-depth information concerning termination policies, the appeals procedure, and the probation policy are presented in the Practicum/Internship Handbook. Each student applying for practicum or internship needs to become familiar with this information. Practicum and internship students are responsible for knowledge of and compliance with the content of this handbook and the policies of Chestnut Hill College.

Drug Screening Policy for Field Placements

Some field placement sites require a drug screening and offers are contingent upon completion of a drug test with a passing result (the drug screen is conducted prior to or upon beginning the field placement). Some field placements may require a random drug testing after placement. The presence of illegal drugs and/or metabolites, and/ or the presence of prescription drugs and/or metabolites for which the tested individual did not have a lawful prescription would be considered a failed test. As a condition of their placement, all students agree that their test results will be shared between the site and the Master's Psychology Program. A failed test may be grounds for probation, suspension or termination from the Master's Psychology Program.

The site may take action against the individual student pursuant to its own internal procedures. The action taken by the site shall not preclude the Master's Psychology Program from also taking action against the student. A student who is reprimanded by a site may still be placed on probation or suspended or dismissed from the Master's Psychology Program. If the student is dismissed by the site but not by the Master's Psychology Program, the student will be responsible for identifying another placement that meets the program's requirements, with standard assistance from the Coordinator of Master's Field Placements. The student will be required to inform the prospective placement of the reason for termination from his or her previous placement.

When the Master's Psychology Program is made aware of a failed drug test, the Program may take the following action against the student independent of any action taken by the site: The student will be given a copy of the test results and given five days to provide a written explanation, including a medical certification from an independent licensed medical practitioner, that the drug(s) in the student's system were lawfully prescribed. The information supplied by the student will be reviewed by the faculty. Within 10 days, the student will meet/confer with the faculty to answer any questions they may have and to explain his/her test results. A student's failure to provide requested information or to meet/confer with the faculty will result in the student's dismissal from the Program. The faculty's decision will be sent to the student in writing within ten days.

Students have the right to appeal the decision of the faculty to the Dean of the School of Graduate Studies within 10 days of the faculty's decision.

Licensure and Credentialing

The master's program is designed to meet the academic requirements for licensure as a Licensed Professional Counselor (LPC) or Licensed Marriage and Family Therapist (LMFT) in Pennsylvania and other states. Licensure as a psychologist requires a doctoral degree. Licensure as a Professional Counselor or Marriage and Family Therapist in the State of Pennsylvania requires a graduate degree (minimum of 48 credits) in a field closely related to the practice of professional counseling. A total of 60 graduate credits are required for PA licensure. Students at Chestnut Hill College have the option of earning 60 credits before graduation or earning the 48-credit master's degree followed by a 12-credit Post-Master's Certificate in Professional Counseling for Licensure Preparation. Licensure also requires 3,000 hours of supervised experience earned after the completion of the 48-credit degree. After earning the academic credentials and completing the supervised clinical experience, applicants must pass a licensure exam. Students are encouraged to become familiar with the licensure regulations in Pennsylvania, or any other state where they are considering obtaining licensure.

Course Requirements for LPC Licensure

Students seeking licensure as a professional counselor may choose the generalist curriculum or a concentration area. Students wishing to focus on a particular population are encouraged to choose a concentration. The Post-master's Certificate in Professional Counseling for Licensure Preparation cannot have an area of concentration. The Post-Masters Certificate of Advanced Academic Study is available in the areas of concentration (see below for details).

Some courses offered as electives at Chestnut Hill College are *required* for licensure. These courses may be taken as part of the student's degree, or as part or all of the additional 12 credits which may be earned after the awarding of the master's degree. The courses that are electives in this program and required for PA licensure are:

<i>Complete all courses (Required for Licensure)</i>	Course Code	Course Name
	PSYG 530	Group Therapy
	PSYG 532	The Role of Culture & Gender in Counseling and Psychotherapy
	PSYG 536	Psychological Assessment (503)
	PSYG 542	Career Development and Counseling

Course Requirements for MFT Licensure

Students seeking to become Licensed Marriage and Family Therapists should plan to take all of the following courses:

<i>Complete all courses (Required for Licensure)</i>	Course Code	Course Name
	PSGY 532	The Role of Culture and Gender in Counseling
	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)
	PSYG 612	Advanced Theories of Couple and Family Therapy (608)
	PSYG 614	Couple and Family Therapy Techniques (608, 612)
	PSYG 616	Advanced Couple and Family Therapy Techniques (608,612,614)
	PSYG 618	Human Sexuality and Marriage
	PSYG 638	Systemic Treatment of Addictions (608)

Please note that some classes might be taken as part of the 12-credit Post-Master's Certificate in Professional Counseling for Licensure Preparation. Please consult your advisor for additional information.

Field Experience Requirements for Licensure

Students seeking to become Licensed Professional Counselors must complete a practicum of at least 100 hours and an internship of at least 600 hours for 700 total hours. Of these, 240 hours must be direct-contact hours with clients. The practicum is completed in one semester and the internship may be completed over two or three terms. Students seeking to become Licensed Marriage and Family Therapists will need an internship which lasts one full calendar year (3 terms) and includes at least 300 direct-contact hours and 700 total hours at a site.

Licensure in Other States

The Master of Science (M.S.) degree meets licensure requirements in PA and many other states. Please contact your state licensing board for academic and clinical requirements. The master's program in Clinical and Counseling Psychology at Chestnut Hill College is not currently accredited by CACREP (an independent credentialing board).

Post-Master's Certificate of Advanced Graduate Study in Professional Counseling for Licensure Preparation

Overview

This certificate is designed for the applicant who already has a Master's degree in a field closely related to the practice of professional counseling. It is not open to applicants from other disciplines who wish to be licensed as professional counselors or marriage and family therapists.

Program Design

Students who wish to complete a Certificate of Advanced Graduate Study in Professional Counseling for Licensure Preparation will need to complete a minimum of 12 graduate credits beyond the master's degree.

The courses required for the completed Master’s degree at Chestnut Hill College have been developed to ensure that our students are prepared to meet the requirements of PA licensure. Applicants are expected to contact the PA State Board of Social Workers, Marriage and Family Therapists and Professional Counselors, or other applicable State Board before enrolling in any courses at Chestnut Hill College to ensure that the courses they take are in compliance with the requirements for licensure.

Admissions

Graduates of Chestnut Hill College’s Master’s Program in Clinical and Counseling Psychology are expected to complete a new application. No additional application fee is required, and no additional paperwork is required. The student receives a letter of admission from the Graduate Dean and is listed in the computer as matriculating in a certificate program. Other applicants must follow the existing procedures for admission to Post-Master’s certificate programs. (See Admissions)

All existing graduate policies and procedures apply to this program. Courses with final grades below “B-minus” are not applicable to the graduate credits required for the awarding of a certificate.

Post-Master’s Certificates of Advanced Graduate Academic Study

- Certificate of Advanced Graduate Academic Study in Co-Occurring Disorders
- Certificate of Advanced Graduate Academic Study in Child and Adolescent Therapy
- Certificate of Advanced Graduate Academic Study in Child and Adolescent Therapy with Autism Spectrum Disorder Specialization
- Certificate of Advanced Graduate Academic Study in Couple and Family Therapy
- Certificate of Advanced Graduate Academic Study in Diverse and Underserved Communities
- Certificate of Advanced Graduate Academic Study in Trauma Studies

These certificate programs are designed for those who have already earned a master’s degree in clinical or counseling psychology or a closely related field and who are seeking additional classroom education in an area of specialization. Students in this program should have some post-master’s work experience and not require any further internship experience for their professional goals. If an applicant does not have graduate course work in certain areas, the Department of Professional Psychology may require certain core courses to be taken as part of the Academic Certificate.

These requirements include courses in:

- Theories of Counseling and Psychotherapy
- Psychopathology
- Techniques of Counseling and Psychotherapy I
- Techniques of Counseling and Psychotherapy II
- Legal and Ethical Issues
- Marriage and Family Therapy

Co-Occurring Disorders

	Course Code	Course Name
<i>Concentration Requirements</i>	PSYG 630	Foundations of Addictive Behaviors
	PSYG 632	Treatment Approaches to Substance Abuse (630)
	PSYG 672	Assessment and Treatment of Co-Occurring Disorders (630)
	PSYG 638	Systemic Treatment of Addictions (608)
	PSYG 622	Introduction to the Assessment and Treatment of Psychological Trauma

Child and Adolescent Therapy

Course Code	Course Name
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Concentration Requirements	PSYG 602	Play Therapy (500, 514)
	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)
	PSYG 622	Introduction to the Assessment and Treatment of Psychological Trauma
	PSYG 662	Assessment and Treatment of Children and Adolescents

Child and Adolescent Therapy with Autism Spectrum Disorder Specialization (all required)

	Course Code	Course Name
Concentration Courses	PSYG 652	Introduction to Autism Spectrum Disorders*
	PSYG 654	Treatment Approaches to Autism Spectrum Disorders (652)*
	PSYG 602	Play Therapy (500, 514)
Complete all courses	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)
	PSYG 662	Assessment and Treatment of Children and Adolescents (514)

**Note: Available at Main Campus Only*

Couple and Family Therapy

	Course Code	Course Name
Concentration Requirements	PSYG 612	Advanced Theories of Couple and Family Therapy (608)
	PSYG 614	Couple and Family Therapy Techniques (608, 612)
	PSYG 616	Advanced Couple and Family Therapy Techniques (608,612,614)
	PSYG 618	Human Sexuality and Marriage
	PSYG 604	A Systemic Approach to the Problems of Adolescents (514, 608)
	PSYG 638	Systemic Treatment of Addictions (608)

Diverse and Underserved Communities

	Course Code	Course Name
Concentration Courses	<i>Required Courses</i>	
	PSYG 532	The Role of Culture and Gender in Counseling & Psychotherapy
	PSYG 622	Introduction to the Assessment & Treatment of Psychological Trauma
	<i>Electives Courses (select 3 courses)</i>	
	PSYG 652	Introduction to Autism Spectrum Disorders
	PSYG 640	Competencies for LGBTQ Counseling
	PSYG 684	Mindfulness and Psychotherapy
	PSYG 682	Working with Latino Families
	PSYG 680	Introduction to Geropsychology
	PSYG 561/562	Independent Research in Clinical and Counseling Psychology
	PSYG 628	Working Effectively in Trauma- Intensive Communities
	PSYG 635	Special Topics in Diversity (e.g. Working with African American communities, Working with Asian American Communities, Counseling Multiracial Populations)

Trauma Studies

	Course Code	Course Name
Concentration Requirements	PSYG 622	Introduction to the Assessment and Treatment of Psychological Trauma
	PSYG 624	Treatment of Complex Chronic Trauma Responses (622)
	PSYG 626	Acute Incident Responding: Trauma Prevention and Early Intervention Strategies (622)
	PSYG 628	Working Effectively in Trauma-Intensive Communities (622)

Change of Status from Certificate to Degree

Students in the certificate program who wish to continue in the degree program must follow the *Change in Program of Study* policy in the current catalog of the School of Graduate Studies. If the student is accepted into the degree program, credits in the certificate program will then be transferred to the degree program.

Clinical and Counseling Psychology Programs at DeSales University

The Clinical and Counseling Psychology Program (Master's degrees and Post-Master's certificates) of Chestnut Hill College is also offered on the campus of DeSales University. Students may register for classes on both campuses. All academic policies and procedures apply to students taking Chestnut Hill College courses on DeSales University campus.

Program Administrator

Mark Kenney, M.Ed., N.C.C., LPC

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Office Location and Hours

DeSales University
Dooling Hall, Room 219
2755 Station Avenue
Center Valley, PA 18034

Monday	12:00 p.m. to 7:00 p.m.
Tuesday	12:00 p.m. to 7:00 p.m.
Wednesday	9:00 a.m. to 4:00 p.m.
Thursday	12:00 p.m. to 7:00 p.m.
Friday	9:00 a.m. to 4:00 p.m.

Appointments also available by request.

Hours may vary slightly from term to term and are posted at the Program Office.

Closing information pertaining to classes held at the DeSales Campus is available at:

- www.desales.edu
- www.WFMZ.com
- or by calling the DeSales University Campus Police 610-282-1100 x 1250

Driving Directions to DeSales Campus

- FROM PHILADELPHIA AND SOUTH: Take I-476, the Northeast Extension of the Pennsylvania Turnpike, to Exit 44, Quakertown. Turn left onto Route 663 North toward Quakertown, turn left onto Route 309 North, and proceed 6.4 miles to the intersection of Route 309 and Route 378 North. At this intersection, make a right onto Route 378.

Follow Route 378 North for about 1/2 mile and turn right at the light onto Preston Lane. Follow Preston Lane to DeSales University entrance.

- FROM NEW JERSEY AND EAST: Take Interstate 78 West into Pennsylvania to Route 309 South (Exit 60A). Follow Route 309 South for about 3 miles. At the intersection of Route 309 and Route 378, make a left onto Route 378. Take Route 378 North for about 1/2 mile and turn right at the light onto Preston Lane. Follow Preston Lane to DeSales University entrance.
- FROM NORTH AND WEST: Take the Pennsylvania Turnpike to Route 22 East (Exit 56). Proceed east 1/8 mile on Route 22 to Route 309 South (direction of Quakertown). In a few miles, Route 309 joins with Interstate 78. Continue South on this combined road of I-78 and Route 309 until Route 309 branches off toward the south (about 5 miles, Exit 60). Continue South on Route 309 for another 3 miles. At the intersection of Route 309 and Route 378, make a left onto Route 378. Take Route 378 North for about 1/2 mile and turn right at the light onto Preston Lane. Follow Preston Lane to DeSales University entrance.

Course Descriptions

Please note: All courses are graded according to the standard grading scale except when otherwise noted.

PSYG 500 - Theories of Counseling and Psychotherapy

3 credits

Familiarizes the student with the major theoretical schools of counseling and psychotherapy, including: Psychoanalytic, Existential, Humanistic, Behavioral, Gestalt, Cognitive, and Family Systems. Students will learn to distinguish among different approaches and acquire a working knowledge of the terminology and concepts identified with each approach.

PSYG 503 - Psychopathology

3 credits

This course explores the emotional, cognitive, somatic, and behavioral symptoms of mental disturbance. Students will become acquainted with the subjective experience of various symptoms and symptom clusters, patterns of family and community responses to afflicted individuals, and research and evolving theories pertaining to the etiology of symptoms. Students will also be introduced to the use of the DSM-5 as a format for the classification of disorders and the choice of appropriate treatment. Students will acquire a working knowledge of the DSM-5 and will develop the ability to diagnose various mental disorders. Prerequisite: PSYG 500, or may be taken concurrently with PSYG 500.

PSYG 506 - Techniques of Counseling and Psychotherapy I

3 credits

This course fosters the development of basic counseling and psychotherapy skills through a combination of didactic instruction and role-plays (including required videotaped role-plays). Focus is on establishing a therapeutic rapport, formulating appropriate directions for therapy, and conceptualizing strategies for intervention. Specific skills include listening, suicide intervention, assessment, formulation of questions, and empathic responses. Prerequisites: PSYG 500 and 503

PSYG 508 - Techniques of Counseling and Psychotherapy II

3 credits

Focuses on advanced contemporary psychodynamic methods of using the therapeutic relationship for long-term change. Emphasis is placed on the unconscious, the therapeutic alliance, transference and counter-transference, defenses and resistance, treating personality disorders, and case conceptualization. This course incorporates experiential training which includes videotaping or live observation of role-plays. Prerequisites: PSYG 500, 503 and 506

PSYG 510 - Research Design and Methodology

3 credits

An overview of many frequently used research designs in psychology. Through a study of research methodology, students learn how to select an appropriate research design and how to employ valid procedures in collecting data. The course will foster analytical and critical thinking skills through a combination of theory and practical experience, prepare students to read relevant research in their field and to write a research proposal, and provide background for future work in the area of research.

PSYG 512 - Legal and Ethical Issues in Counseling and Psychotherapy

3 credits

The course familiarizes students with the history and development of professional ethics and standards and their legal implications in the areas of counseling and psychotherapy. Students will be required to become familiar with the Codes of Ethical Conduct of the American Counseling Association, the American Association of Marriage and Family Therapy and the American Psychological Association. Topics covered include: privileged communication, confidentiality, rights of client and agency, civil commitment, licensure, and relevant State of Pennsylvania laws and statutes. Prerequisites: PSYG 500 and 503.

PSYG 514 - Development Across the Lifespan: Individual and Family

3 credits

Covers human development from a lifespan perspective, with in-depth exploration of selected topics relevant to different periods in the life cycle for individuals and families. Students will be introduced to theoretical and empirical approaches to understanding key developmental issues as well as the role of the family and social context in human development.

PSYG 561 - Independent Research in Clinical and Counseling Psychology I

3 credits

This course is for students who wish to advance their research experience under the supervision of a mentor. Any research must meet criteria for exemption by the IRB (See IRB Guidelines). All students will make a presentation of their project at the end of the semester. The course will promote an integrative understanding of the subject by a) exposing students to relevant literature, and b) may promote opportunities for them to interact with key stakeholders. Students have two options: 1) Students will complete a comprehensive Literature Review and 2) Students will complete a full proposal. Only those who choose option 2 and successfully complete these requirements (A- or higher) will be eligible to continue to Independent Study II. (Pre-requisite: PSYG 510 with a grade of A or A-)

- PSYG 562 - Independent Research in Clinical and Counseling Psychology II** **3 credits**
This course is a continuation of Independent Study I. Students may conduct the research, and report on the results and write an article that would be suitable for submission to a peer-reviewed journal in professional psychology (Pre-requisite: Independent Study I with a complete full proposal).
- PSYG 530 - Group Therapy** **3 credits**
Presents a theoretical and experiential understanding of group therapy techniques and processes. Students observe group process, practice interventions, and critique their own development as group therapists. Active involvement in didactic, practice groups is required.
- PSYG 532 - The Role of Culture & Gender in Counseling and Psychotherapy** **3 credits**
This course examines how ethnicity, gender, sexual orientation, and other cultural factors influence psychological experience, expectations for therapy and the therapeutic relationship. Emphasis will be on developing a fuller appreciation for the complexities of cultural factors both in students' own lives and those of persons from different backgrounds.
- PSYG 536 - Psychological Assessment** **3 credits**
This course introduces the student to the theory and practice in psychological assessment. Students will learn the history and theoretical foundation of psychological assessment. Students will also acquire an understanding of basic statistical concepts in relation to psychological testing and explore various instruments. The course will increase the students' awareness of ethical /legal assessment issues with culturally diverse populations. Prerequisite: PSYG 503
- This course is not intended to prepare the student for proficiency or qualification in the independent administration, scoring and interpretation of psychological tests at the doctoral level.*
- PSYG 542 - Career Development and Counseling** **3 credits**
This course is an overview of career development theory with a focus on clinical application. It is designed to help students develop an understanding of career development through the lifespan, apply career counseling techniques, gain exposure to career assessment inventories, identify career information resources, implement career education programs, and address legal and ethical issues related to employment.
- PSYG 544 - Eating Disorders** **3 credits**
This course surveys various theories of the etiology, clinical perspectives, and integrated treatment approaches for eating disorders. Developmental, biopsychosocial, and cultural considerations will be discussed.
- PSYG 546 - Bereavement Counseling** **3 credits**
Introduces the student to the theory and practice of therapeutic interventions for bereavement and grieving. Developmental issues will be discussed as they relate to the bereavement process.
- PSYG 602 - Play Therapy** **3 credits**
This course provides an introduction to the major theories and techniques of play therapy as it is used to address a wide variety of clinical problems, in both individual and family settings. Classes include: lecture, class discussion, exploration of materials, practice of techniques, and viewing of videotape presentations by current leaders in the field. Prerequisites: PSYG 500, PSYG 514.
- PSYG 604 - A Systemic Approach to the Problems of Adolescents** **3 credits**
Reviews normal adolescent development and the psychological and psychosocial problems commonly experienced during this phase of life. Problems to be discussed will include: delinquency, drug abuse, violence, eating disorders, depression, and suicide. Though a variety of approaches will be considered, the family systems model will be emphasized. Prerequisites: PSYG 514, PSYG 608).
- PSYG 608 - Couple and Family Therapy** **3 credits**
Introduces the student to the field of family therapy and systems thinking. Material covered will span the entire history of family therapy, from the early movement in Palo Alto and Philadelphia, to Bowen, Satir, the Milan Team, strategic, and narrative models. Although this course is primarily oriented to studying theory, some basic practice issues are discussed. Video used.
- PSYG 612 - Advance Theories of Couple and Family Therapy** **3 credits**

In-depth analysis of major family theories selected from those reviewed in PSYG 608 (Marriage and Family Therapy). Models will be selected from the following: Bowenian, Structural, Strategic, Milan and Narrative. Students will read original texts and critically examine the views taken by proponents of each theory. Prerequisite: PSYG 608

PSYG 614 - Couple and Family Therapy Techniques **3 credits**
Introduces the skills necessary to begin clinical work with a family or couple. All aspects of treatment will be explored and practiced by the students. Videotapes will be produced by the student. Prerequisites: PSYG 608 and 612

PSYG 615 - Special Topics in Child and Adolescent Therapy **3 credits**
(Title of the course will be included on transcript)

PSYG 616 - Advanced Couple and Family Therapy Techniques **3 credits**
Uses family role-play to examine the therapeutic techniques best suited to the situations presented by that family. Each student will be videotaped in the role of therapist for a role-play family. The student's therapeutic style and skill will be critiqued by the class and instructor. Students will also role-play a family member for an extended period in order to understand the experience of being a client. Didactic lectures will cover advanced techniques with stepfamilies, child-problem families, and families with addiction. Prerequisites: PSYG 608, 612, and 614

PSYG 618 - Human Sexuality and Marriage **3 credits**
Introduction to a theoretical understanding of the physiological and developmental stages of human sexuality. Taking a thorough sex history and addressing some sexual dysfunctions will be included. Working with couples in conjoint therapy will also be emphasized.

PSYG 622 - Introduction to the Assessment & Treatment of Psychological Trauma **3 credits**
This course covers: the history of the study of trauma; current knowledge regarding the physiological, biochemical, neurological, psychological and interpersonal sequelae of trauma; trauma and memory; incidence and prevalence of trauma in various populations; protective factors; and specialized treatment techniques.

PSYG 624 - Treatment of Complex Chronic Trauma Responses **3 credits**
This course develops skills in assessing and treating complex trauma responses arising from repeated and/or long-term toxic experience. Course content includes: the effects of chronic trauma on development; diagnostic dilemmas; establishing safety in and out of the therapeutic relationship; responding to self-injurious attempts at self-soothing; working with dissociative states; pacing the processing of traumatic material; challenges to the therapeutic relationship; and therapist self-care and self-awareness. Prerequisite: PSYG 622.

PSYG 626 -Advanced Techniques in Trauma Intervention **3 credits**
This course focuses on the review and practice of skills in advanced techniques of trauma work with individuals and groups, including intervention in large scale traumatic events that have broad impact. Prerequisite: PSYG 622 MR

PSYG 628 - Working Effectively in Trauma-Intensive Communities **3 credits**
This course focuses on the assessment, intervention, consulting, and collaboration skills needed to work effectively both in environments that tend to engender trauma responses (e.g., drug or gang-infested neighborhoods, war zones, prisons) and in environments in which a large portion of the population is suffering from trauma responses (e.g., shelters, prisons, refugee camps, the foster care system, residential treatment settings). Prerequisite: PSYG 622

PSYG 630 - Foundations of Addictive Behaviors **3 credits**
Surveys theories and research in the field of addiction. Covers substance abuse as well as models of addiction applied to eating disorders, gambling, and sexual promiscuity.

PSYG 632 - Treatment Approaches to Substance Abuse **3 credits**
Surveys treatment intervention models and philosophies for treating substance-abusing clients. Models discussed include: individual, group, family, and therapeutic communities; Alcoholics Anonymous; residential treatment; outpatient approaches and comparative theories. Aims to help the therapist distinguish among therapeutic approaches and to determine appropriate treatment selections for various case situations. Prerequisite: PSYG 630

PYSG 635: Special Topics in Diversity **3 credits**
Topics will vary and will be noted on the course syllabus. Title of the course will be included on transcript.

- PSYG 636 - Special Topics in Addictions** 3 credits
Topics will vary and will be noted on the course syllabus. Title of the course will be included on transcript.
- PSYG 638 - Systemic Treatment of Addictions** 3 credits
Covers the topic of understanding and treating the family affected by the presence of addicted members. Research and treatment options will be discussed. Prerequisite: PSYG 608.
- PSYG 640 - Competencies for LGBTQ Counseling** 3 credits
This course is designed to introduce students to and build competencies for clinical work and counseling with members of the Lesbian, Gay, Bisexual, Transgender, and Queer communities. It includes discussion and immersive exercises to better understand these communities and opportunities for developing specific skills to assist in working with these communities.
- PSYG 645 - Special Topics (General)** 3 credits
Topics will vary and will be noted on the course syllabus. Title of the course will be included on transcript.
- PSYG 652 - Introduction to Autism Spectrum Disorders** 3 credits
This course is designed to provide students with a basic understanding of the current research into the etiology and range of manifestations of autism spectrum disorders. This course will also provide students with knowledge about effective methods of assessment and intervention for autism spectrum disorders.
- PSYG 654 - Treatment Approaches to Autism Spectrum Disorders** 3 credits
This course focuses on various, evidence-based treatment approaches to Autism Spectrum Disorders. Applied Behavior Analysis is taught, as well as cognitive therapies, coaching and relationship-based approaches. The class includes practice sessions and other experiential ways of learning.
- PSYG 656 - Adults with Autism Spectrum Disorders: Psychosocial, Legal & Medical Issues** 3 credits
This course explores these various aspects of adult life for the autistic person. It includes concepts of self-advocacy, housing, higher education, employment and the role of government agencies like the Office of Vocational Rehabilitation
- PSYG 658 - Treating Families with an Autistic Member over the Lifespan** 3 credits
This course examines marriages, siblings, extended families and adult relationships for people on the autism spectrum over their lifespan. Family therapy with these clients and their families will be observed and discussed. Specific family therapy approaches and techniques will be examined, learned and practiced.
- PSYG 660 - Functional Behavior Assessment and Crisis Intervention** 3 credits
This course is designed for students to learn basic concepts and techniques in functional behavior assessment (FBA) and crisis intervention, with a particular emphasis on working with individuals with autism spectrum disorders and other serious emotional and behavioral disorders. By the end of this course, students will demonstrate competence in conducting FBAs, developing positive behavior support plans based on FBA data, measuring behavioral progress, data collection and analysis, identifying potential crisis situations that may occur, and proactively developing crisis intervention plans. This course is required for students in the autism spectrum disorders concentration within the Master's program in clinical and counseling psychology (Prerequisite: PSYG 652).
- PSYG 662 - Assessment and Treatment of Children and Adolescents** 3 credits
This course introduces students to the skills necessary in the assessment and treatment of children and adolescents. Students will develop an awareness of the unique challenges that are involved in working with children and adolescents, and review relevant interview strategies and treatment techniques. Prerequisite: PSYG 514.
- PSYG 672 - Assessment and Treatment of Co-Occurring Disorders** 3 credits
This course provides students with an understanding of co-occurring mental illness and substance abuse disorders and their impact on the individual, family, and community. It includes an integrated approach to address the issues accompanying the disorder. Students will have the opportunity to practice these skills, and receive feedback from the instructor, and their peers (Prerequisite: PSYG 630).
- PSYG 680 - Introduction to Geropsychology** 3 credits

This course provides an overview of theories and concepts related to the practice of counseling and psychotherapy with older adults. Students will be introduced to relevant theories of aging and models of treatment. In addition, students will explore society's views on aging as they relate to countertransference issues in work with elders. Students will gain understanding of specific cultural and gender issues related to aging and how to approach diversity issues in older adults from a social justice perspective. Students will be informed about neurological and physical changes associated with aging and their impact on treatment. Finally, through exercises and in-person interviews, students will gain the ability to develop rapport with older adults and focus on issues of importance to this population.

PSYG 682 - Working with Latino Families

3 credits

The purpose of this course is helping students become better equipped in understanding the factors that influence the psychological experiences of Latino families in the U.S. Students will be introduced to the skills necessary to provide clinical work to Latino families and couples. To this end, a number of relevant topics will be examined, including immigration, acculturation, ethnic identity, stereotypes and discrimination. The readings encompass many Latino ethnic groups, but they are not representative of all Latino families residing in the U.S. Students will explore and practice all aspects of treatment. Students will produce videotapes.

PSYG 684 – Mindfulness and Psychotherapy

3 credits

This course is an overview of the application of mindfulness practice to psychology and counseling. The course begins with the history of spiritual and wisdom-based traditions of meditation and contemplative practice. Research on the relationship of mindfulness to well-being and brain functioning is reviewed. The application of mindfulness to current treatment approaches in counseling, including specific challenges such as depression, anxiety, co-occurring disorders and trauma, is presented. Given the importance of a subjective understanding of the foundations of mindfulness, experiential practice in mindfulness techniques is a core aspect of the course.

PSYG 705 - Practicum

3 credits

This course requires at least 100 hours of on-site experience. It will provide the opportunity for students to develop proficiency in diagnosing various mental disorders on the basis of a comprehensive diagnostic interview. Students will also be trained in developing treatment plans and strategies appropriate to particular diagnoses. Opportunities will also be provided for students to gain exposure in different therapeutic environments in which they will observe and assist in various therapeutic modalities. Students are also required to attend a weekly group supervision seminar. Prerequisites: PSYG 500, 503, 506 and 512

PSYG 710 - MFT Internship I

3 credits

This is the first course of field experience for students in the Marriage and Family Therapy Concentration. It is analogous to the practicum for other concentrations. Students learn the rudiments of working with a real client population, paperwork requirements, diagnosis and treatment planning. Students must attend a weekly group seminar at the college which covers case presentations, trouble-shooting at the site, supervision of cases and other site-related issues. Students should be sure to attain at least one-third of their site and contact hours during this time.

PSYG 715, 725, 735 - Internship

**3 credits
(each term)**

This is a field placement designed to provide students with supervised experience conducting counseling and psychotherapy. There are four options for completion of internship based upon a student's needs and goals. Students who want to obtain LPC licensure have two choices. These students can complete the minimum 600 hours of internship in either two or three consecutive terms. Students who want to obtain MFT licensure need to complete the minimum 300 hours of direct client contact over a period of a full calendar year, which would be three consecutive terms of internship which includes PSYG 710. Students are required to attend a weekly group supervision seminar on campus throughout each term in which they are enrolled in Internship. Prerequisites: Thirty (30) total credits including: PSYG 500, 503, 506, 508, 512, 705 (except for MFT students) and two concentration courses.

PSYG 740 - Internship IV (MFT Only)

3 credits

Under extenuating circumstances, MFT students may apply for an additional semester of Internship in order to complete the required number of hours. The request must be made to the Coordinator of Master's Field Placement and approved by the Co-Coordinators of the Master's Program prior to registration.